

OUR SERVICES, CON'T

Our Trustees assist clients who struggle to pay their bills in full and on time, or who have lost their housing because of late payment in the past.

There is no cost for this service.

Our Trustees also offer assistance creating a budget that works with the client's income and assistance with applications related to housing.

CMHA NS has implemented a Coordinated Access system to streamline housing support services for people living in the Annapolis Valley.


To learn more, contact alison.coldwell@novascotia.cmha.ca

PLEASE NOTE

Project H.O.P.E. does not provide housing units we assist individuals in locating and maintaining safe, affordable, sustainable housing.

CONTACT INFORMATION

If you think Project H.O.P.E. can help, please connect with our team by being referred through a community agency or self-referral.

 1-902-517-2420

 hannah.scott@novascotia.cmha.ca

CONTACT CMHA NS

 1.877.466.6606

 inquiries@novascotia.cmha.ca

 www.novascotia.cmha.ca

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Canadian Mental
Health Association
Nova Scotia
Mental health for all

Association canadienne
pour la santé mentale
Nouvelle-Écosse
La santé mentale pour tous



PROJECT H.O.P.E

HOUSING OUTREACH & PEER EMPOWERMENT

 1-902-517-2420

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OUR SERVICES

- Assessment of need and creation of 'Action Plan'
- Assist with locating and securing appropriate housing
- Assistance accessing all appropriate and available community and government supports
- Assistance with eviction prevention by helping navigate relationships with landlords, utilities, community agencies, and NS Tenancy Board
- Assistance with application for Canada Nova Scotia Targeted Housing Benefit (CNSTHB) when applicable
- Assistance with applications to landlords and Housing Authorities

"Project HOPE navigated and found funds to pay off my outstanding power bill and helped with my income assistance application.

It was 10 times easier talking to Project H.O.P.E because they listened to my concerns. They helped speed things up for me so I could move back into my own place."

Project H.O.P.E. Client

WHO WE SUPPORT

Project H.O.P.E serves people living in Kings, Annapolis and Digby Counties with Housing Support.

We also offer Trustee Services to individuals living in Kings, Annapolis, Digby and Colchester Services.

Self and/or agency referrals are welcome!

Project H.O.P.E. provides support based on individual needs.

PLEASE NOTE: We are not an emergency service.

Find out if Project H.O.P.E is right for you.

If you are a part of one of the below groups, and/or face one of the situations below, then Project H.O.P.E could be the right fit for you.

- Has a Mental Health Issue
- Has a Disability
- 2SLGBTQIA+ Community
- Indigenous Peoples
- People of African Descent
- Has a History of Homelessness

ABOUT PROJECT H.O.P.E.

Housing is a basic human right and a requirement for good mental health.

The Project H.O.P.E team works with Nova Scotians who are homeless or at risk of homelessness to locate and secure safe, sustainable, affordable housing.

Project H.O.P.E assists Nova Scotians who face barriers beyond the current lack of housing, to locate, secure and maintain safe, appropriate, sustainable and affordable housing.

The Project H.O.P.E. team approaches each client with a vision to assess the housing need, create a plan together regarding their unique housing goal.

Clients are treated with compassion, kindness and respect each step of the way.

