

# FOREST OF HOPE

DRUMMING AND DANCING. COMMUNITY BBQ. SHARING CIRCLE AND MORE.

**PLANT A TREE IN HONOUR OF LOVED ONES LOST TO SUICIDE IN THE NAME OF HOPE.**

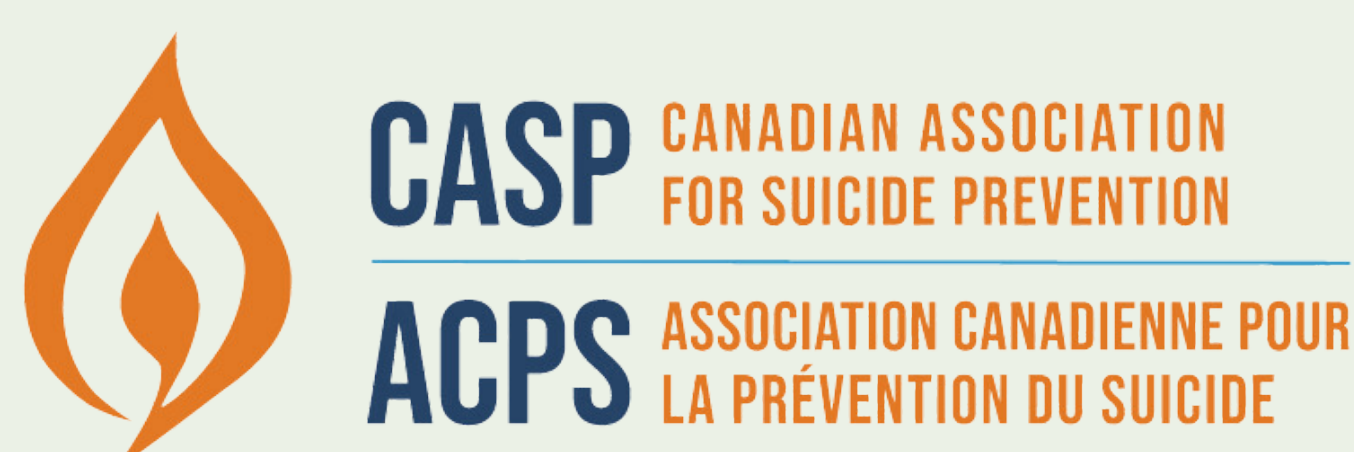
**WHERE:** Mi'kmawey School/Allan Lafford High School Area located at 344 Sitmuk Awti in Potlotek N.S

**WHEN:** Saturday, October 21, 2023 at 10:00 a.m. | Tree Planting at 1:00 p.m.

**COST:** FREE

**FOR MORE INFORMATION EMAIL:** [veronica.bernard@nshealth.ca](mailto:veronica.bernard@nshealth.ca)

This event is organized by Potlotek First Nation in partnership with The Canadian Association for Suicide Prevention, Injury Free Nova Scotia, Port Hawkesbury Paper, Roots of Hope and CMHA Nova Scotia Division.



**THANK YOU TO OUR GENEROUS PARTNERS**