

## LOCAL HEROES SUPPORT PROGRAM



#### Supporting Our Heroes

First Responders are our heroes when we face emergencies. What we might encounter once in a lifetime is their daily work. They address crises several times a day, day after day, putting their lives at risk in helping us, the public.

However, they are human too. With years of responding to crises and traumatic events, they often incur physical injuries and life-threatening addictions with mental health issues.

# FIRST RESPONDERS HAVE DIFFICULTIES ACCESSING THE HELP THEY NEED

#### **Perceived Stigma**

The fear of not being fit for duty is overbearing and crushing for most of the First Responder community.





There is also a significant waiting time for provincially funded beds from 6 months to a year, which deepens the addiction and mental health issues.

#### **Burden of Proof**



They are unable to prove that they suffer from PTSD (Post Traumatic Stress Disorder) or OSI (Occupational Stress Injury), a criteria for receiving funded access to care.

### **Concurrent Disorders\***



Most programs in Canada are not equipped or designed to deal with Concurrent Disorders\* or specifically complex trauma.

\*Our evidence-based treatment ensures that we address underlying mental health issues alongside addiction, treating them as concurrent disorders.

#### MAKING CARE MORE ACCESSIBLE FOR FIRST RESPONDERS

TRAFALGAR IS COMMITTED TO PROVIDING FIRST RESPONDERS WITH ACCESS TO EVIDENCE-BASED TREATMENT.



Treating up to 4 First
Responders a month. (Each
month over the next year)



30-Day Intensive Residential Treatment at no cost.



Comprehensive Addiction & Mental Health Treatment with Aftercare.

TO APPLY, PLEASE VISIT: TRAFALGARRESIDENCE.COM/LOCALHEROES

### **About Trafalgar**

Trafalgar Addiction Treatment Centres is an experienced and accredited provider of Addiction and Mental Health treatment in Canada. We have an intensive individualized approach focusing on Concurrent disorders.

We have a trauma-informed clinic and a proven model to treat First Responders for addiction and mental health issues.





