

The Flourish Family Wellbeing  
Centre *presents a public lecture by*

# Dr. Keri-Leigh Cassidy,

Gerontologist at Dalhousie  
University



**Monday, April 15, 2019,  
1:00 pm**

~The Flourish Centre ~ is located at

HB Studio Sports Centre  
543 Glen Allan Drive, Bridgewater



*The Flourish Family Well-being Society is a seniors volunteer run and managed organization. Our mission is to support activities that foster 'Positive Aging'.*

**Dr Keri-Leigh Cassidy is a Professor of Psychiatry and Clinical Academic Director of a Geriatric Psychiatry Program.**

**She is the founder of a national brain health promotion non-profit, the "*Fountain of Health Initiative for Optimal Aging*" ([www.fountainofhealth.ca](http://www.fountainofhealth.ca)).**

**She is the co-investigator on The Brain Health and Wellness Project to activate self-care in the frontlines of care.**

**She is a national leader in late life psychotherapy, the author of a manualized Enhanced CBT Group Therapy program, and lecturer on Late Life Psychotherapies for the CAGP National Review Courses and Updates.**

**Dr. Cassidy was the 2016 recipient of the CAGP's Outstanding Contributions in Geriatric Psychiatry Award.**

**This is a free event;** please come and learn more about Optimal Aging and the exciting new Flourish Centre in Bridgewater.

**Further Info contact [902.543.1727](tel:902.543.1727)**