



**If you are attending University in Halifax, find support by calling:**

**Dalhousie**

Counselling Services 902-494-2171  
Health Services 902-494-2171  
Security 902-494-4109 (24/7)  
www.dal.ca/healthservices

**King's College**

Dal Counselling 902-494-2081  
Dal Health 902-494-2171  
Dean of Students Office 902-422-1271, ext. 131  
Residence Don on-duty 902-422-1271, ext. 132  
(ask for Don on duty)  
www.ukings.ca/campus-community/student-services/health-services

*Look for Mental Health Peer Support on all campuses*

**\*\*Contact Mental Health Mobile Crisis Team at 902-429-8167 for urgent intervention**

**Please see over...**  
October 2017



**If you are attending University in Halifax, find support by calling:**

**Dalhousie**

Counselling Services 902-494-2171  
Health Services 902-494-2171  
Security 902-494-4109 (24/7)  
www.dal.ca/healthservices

**King's College**

Dal Counselling 902-494-2081  
Dal Health 902-494-2171  
Dean of Students Office 902-422-1271, ext. 131  
Residence Don on-duty 902-422-1271, ext. 132  
(ask for Don on duty)  
www.ukings.ca/campus-community/student-services/health-services

*Look for Mental Health Peer Support on all campuses*

**\*\*Contact Mental Health Mobile Crisis Team at 902-429-8167 for urgent intervention**

**Please see over...**  
October 2017



**If you are attending University in Halifax, find support by calling:**

**Dalhousie**

Counselling Services 902-494-2171  
Health Services 902-494-2171  
Security 902-494-4109 (24/7)  
www.dal.ca/healthservices

**King's College**

Dal Counselling 902-494-2081  
Dal Health 902-494-2171  
Dean of Students Office 902-422-1271, ext. 131  
Residence Don on-duty 902-422-1271, ext. 132  
(ask for Don on duty)  
www.ukings.ca/campus-community/student-services/health-services

*Look for Mental Health Peer Support on all campuses*

**\*\*Contact Mental Health Mobile Crisis Team at 902-429-8167 for urgent intervention**

**Please see over...**  
October 2017



**If you are attending University in Halifax, find support by calling:**

**Dalhousie**

Counselling Services 902-494-2171  
Health Services 902-494-2171  
Security 902-494-4109 (24/7)  
www.dal.ca/healthservices

**King's College**

Dal Counselling 902-494-2081  
Dal Health 902-494-2171  
Dean of Students Office 902-422-1271, ext. 131  
Residence Don on-duty 902-422-1271, ext. 132  
(ask for Don on duty)  
www.ukings.ca/campus-community/student-services/health-services

*Look for Mental Health Peer Support on all campuses*

**\*\*Contact Mental Health Mobile Crisis Team at 902-429-8167 for urgent intervention**

**Please see over...**  
October 2017



**If you are attending University in Halifax, find support by calling:**

**Mount Saint Vincent University**

Counselling Services 902-457-6567  
Health Services 902-457-6354  
Security 902-457-6412 (24/7)  
www.msvu.ca/counsellingservices/ or  
www.msvu.ca/healthservices

**NSCAD University**

Counselling Services 902-494-8260  
SMU Health Services 902-420-5611  
nscad.ca/wellness

**Saint Mary's University**

Counselling Centre 902-420-5615  
Student Health 902-420-5611  
Residence Services 902-420-5591 (24/7)  
www.smu.ca/mentalhealth

*Look for Mental Health Peer Support on all campuses*

**\*\*Contact Mental Health Mobile Crisis Team at 902-429-8167 for urgent intervention**

**Please see over...**  
October 2017



**If you are attending University in Halifax, find support by calling:**

**Mount Saint Vincent University**

Counselling Services 902-457-6567  
Health Services 902-457-6354  
Security 902-457-6412 (24/7)  
www.msvu.ca/counsellingservices/ or  
www.msvu.ca/healthservices

**NSCAD University**

Counselling Services 902-494-8260  
SMU Health Services 902-420-5611  
nscad.ca/wellness

**Saint Mary's University**

Counselling Centre 902-420-5615  
Student Health 902-420-5611  
Residence Services 902-420-5591 (24/7)  
www.smu.ca/mentalhealth

*Look for Mental Health Peer Support on all campuses*

**\*\*Contact Mental Health Mobile Crisis Team at 902-429-8167 for urgent intervention**

**Please see over...**  
October 2017



**If you are attending University in Halifax, find support by calling:**

**Mount Saint Vincent University**

Counselling Services 902-457-6567  
Health Services 902-457-6354  
Security 902-457-6412 (24/7)  
www.msvu.ca/counsellingservices/ or  
www.msvu.ca/healthservices

**NSCAD University**

Counselling Services 902-494-8260  
SMU Health Services 902-420-5611  
nscad.ca/wellness

**Saint Mary's University**

Counselling Centre 902-420-5615  
Student Health 902-420-5611  
Residence Services 902-420-5591 (24/7)  
www.smu.ca/mentalhealth

*Look for Mental Health Peer Support on all campuses*

**\*\*Contact Mental Health Mobile Crisis Team at 902-429-8167 for urgent intervention**

**Please see over...**  
October 2017



**If you are attending University in Halifax, find support by calling:**

**Mount Saint Vincent University**

Counselling Services 902-457-6567  
Health Services 902-457-6354  
Security 902-457-6412 (24/7)  
www.msvu.ca/counsellingservices/ or  
www.msvu.ca/healthservices

**NSCAD University**

Counselling Services 902-494-8260  
SMU Health Services 902-420-5611  
nscad.ca/wellness

**Saint Mary's University**

Counselling Centre 902-420-5615  
Student Health 902-420-5611  
Residence Services 902-420-5591 (24/7)  
www.smu.ca/mentalhealth

*Look for Mental Health Peer Support on all campuses*

**\*\*Contact Mental Health Mobile Crisis Team at 902-429-8167 for urgent intervention**

**Please see over...**  
October 2017