

FOR IMMEDIATE RELEASE

Improving Mental Health Services in Cape Breton

HALIFAX (NOVA SCOTIA) Nov. 28, 2018 – The Canadian Mental Health Association National and Nova Scotia Division (CMHA NS) would like to advise the community of Cape Breton that the CMHA Cape Breton Branch will be folded into the CMHA NS Division effective immediately.

CMHA NS Division looks forward to collaborating closely with the community of Cape Breton to establish new front-line local supports and services in the areas of injury disease prevention, recovery supports and services, along with programs and resources for those living with mental health and addictions issues within the Cape Breton region.

CMHA National and NS Division would also like to thank and congratulate the CMHA Cape Breton Branch on their recent efforts to support the development of a community based mental health and addictions centre.

If someone is in urgent need of support, they should contact the Mental Health Crisis line 1-902-429-8167 or toll free 1-888-429-8167.

About the Canadian Mental Health Association

Founded in 1918, the Canadian Mental Health Association (CMHA) is the most established, most extensive community mental health organization in Canada. Through a presence in more than 330 communities across every province, CMHA provides advocacy, programs and resources that help to prevent mental health problems and illnesses, support recovery and resilience, and enable all Canadians to flourish and thrive. For more information, visit <https://novascotia.cmha.ca>

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For more information on Canadian Mental Health Association Nova Scotia supports and services please contact:

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