

Don't Miss:

OPENING DOORS FOR ACCESSIBILITY

REGISTRATION FORM

NOVEMBER 1ST-2ND, 2018
Atlantica Hotel Halifax
980 Robie St., Halifax NS B3H 3G5

WHAT IS OPENING DOORS FOR ACCESSIBILITY?

ODFA is a two-day conference hosted by March of Dimes Canada in Partnership with Harding Medical. Leading educational speakers from rehab and assistive technology will provide new and innovative ideas. Attendees will learn about advancements in our industry and the premier rehab products available. The conference will also provide persons with disabilities, caregivers/family members and healthcare professionals with current information, tools, and resources to assist people with disabilities fulfill tasks of everyday living and overcome challenges and barriers.

REGISTRATION FORM

Name: _____ Company (if applicable): _____

Address: _____

City: _____ Province: _____ Postal Code: _____ Phone number: _____

Email: _____

Special Needs: Mobility Dietary Needs _____
 Visual Others _____
 Hearing

PLEASE CHOOSE BELOW

- Full conference is geared towards Health Care Professionals | **Price: \$150**
(includes Day #1 & Day #2 of workshops, breakfast and lunch both days as well as dinner and comedy show on Day 1)
- Day #2 of conference will focus on persons with disabilities and unpaid caregivers. | **Price: \$25**
(includes the day of workshops, breakfast and lunch)
- I will be attending the Caregiver Session

PAYMENT METHOD

- Pay offline: request an invoice (invoices will be e-mailed) Visa
- Cheque (Made payable to March of Dimes Canada) MasterCard

Card Number: _____ Expiry Date: _____ CSV: _____

Cardholder's Name: _____

Payment and forms can be sent to Donna Williamson (dlwilliamson@marchofdimes.ca)
or mailed to:

March of Dimes Canada
276-7071 Bayers Road, Halifax NS B3L 2C2

If you have any questions,
please contact us at: 902-405-2004

**After confirmation, a full detailed agenda will be sent to you.*

Presentation 1 ■ **A Using Technology to Optimize Functional Outcomes | Permobil Canada**

9:00 AM – 10:00 AM

Clinicians and providers are challenged to find their way to best practice when innovations in technology are far outpacing advances in funding. Clinicians and providers must understand how to empower their clients with choices of the best rehab technology solutions for clients' long-term health, function and participation as well as to keep their practice current with today's technology. This presentation will apply evidence and case examples to illustrate steps to best outcomes, as well as charting a path to optimal recommendations and documenting so that individual client's needs are clearly linked with the technology recommended.

■ **B Mindfulness: Connecting clients with meaningful activities in a different way**

Recreational Therapist | By the end of this presentation participants will be able to:

- Identify the difference between offering training in mindfulness meditation and incorporating mindfulness-based concepts into one's own professional practice
- Identify the health and wellness benefits of supporting clients in developing a variety of meaningful activities that they participate in regularly
- Identify the benefits of using mindfulness-based methods to aid with clients incorporating meaningful activity into their lives compared to traditional methods of prescribing activity

Presentation 2 ■ **A Prescription For a Better Rehab Shower Commode Chair | Motion Composites**

10:30 AM – 11:30 AM

A Rehab Shower Commode Chair (RSCC) is important for bowel/bladder/hygiene routines which is why a RSCC is often considered to be the 2nd most important mobility device. Similar to a wheelchair/seating system, a RSCC that is not configured or fitted properly can lead to pressure injuries and reduced function. This workshop will review the RSCC assessment process and highlight the measurements that are critical for an optimal fit. The variety and importance of seat options will be reviewed including the possibility of custom seating for a RSCC.

■ **B Burnout | Mental Health**

Burnout is a state of emotional, physical, and mental exhaustion caused by excessive and prolonged stress. It occurs when you feel overwhelmed, emotionally drained, and unable to meet constant demands. The negative effects of burnout spill over into every area of life—including your home, work, and social life. Burnout can also cause long-term changes to your body that make you vulnerable to illnesses like colds and flu. In this session you will learn the signs and how to deal with burnout right away.

Presentation 3 ■ **A Taking the Fear Out of Prescribing Power Mobility | Invacare**

1:00 PM – 2:00 PM

A power wheelchair is no longer just motors, batteries and a joystick. As commercially available power wheelchair electronics continue to evolve, we are seeing new and innovative features and functionality integrated into these systems. This session will highlight how these innovations impact the independence and functionality of the end user while addressing therapists' understanding of the clinical benefits of such features. Discussion will focus on the assessment process to best determine what meets the basic and essential mobility requirements of the client both in the present and long term to ensure positive outcomes.

■ **B Surfaces | Drive Medical Canada**

this session will focus on “real life” practical definitions and guidelines for selecting an effective and efficacious support surface. This presentation will help clinicians identify both effective and efficacious support surfaces which promise to get more blood flow to the skin, a vital component of preventing and treating pressure ulcers, while promoting comfort and ease of use for both patient and caregiver without breaking the bank. Selecting the right support surface gets complicated when marketing and sales and manufacturer-specific terms like: foam density, indentation load detection, alternating pressure, low air loss, lateral rotation, pulsation, self-adjusting, static, auto-firm, fowler, auto return to alternating, pressure readjustment, moisture vapor permeable, liters per minute flow, mmHg air pressure, cycle times, digital vs. analog pumps and blowers, zoned, cell on cell, 2-way vs. 4-way stretch, are used to describe the support surface.

Presentation 4 ■ **A Details make a Difference: prescribing a manual wheelchair for success | Motion Composites**

2:00 PM – 3:00 PM

This presentation will review important research on the effects of weight and design efficiency in reference to manual wheelchairs; and will analyze how manufacturers are trying to achieve these principles. We will discuss the importance of proper wheelchair configuration and how to decisions you make when assessing and setting up a wheelchair will have a significant effect on user function, independence and safety.

■ **B Diversity and Inclusion: Creating Safer Spaces in Health Care Settings | Rachele Manett, BSc, CTRS**

It is our duty as care providers to create safer spaces for marginalized communities and individuals within our services. Together we will unpack our privilege and biases, learn inclusive language, and set intentions for our practice settings. We all have a responsibility to make the world a better place.

Opening Presentation

Accessibility Issues in NS

Gerry Post – Executive Director Accessibility Directorate

Presentation 1

10:00 AM – 10:30 AM

Co-housing, support system with caregivers | CMHC

René will address the challenges stemming from municipal policy and how it can affect housing models for cohousing, as well as support systems for caregivers. Through examples from Canada and abroad, various types of shared equity models and Age-friendly community success stories will be presented to support Aging in Place in our communities.

Presentation 2

10:30 AM – 12:00 PM

Panel: The Economy and Workplace Accessibility and Inclusion

A panel of progressive business owners/employers who have been proactive in employing people with disabilities as well as local service providers.

Chair Yoga

1:00 PM – 1:30 PM

A gentle form of yoga that is practiced sitting on a chair, or standing using a chair for support. Typically in chair yoga the student is unable to participate in a traditional yoga class due to the effects of aging or disabilities. However, Chair yoga is a great practice for everyone, as it deepens flexibility and strengthens personal body awareness.

Presentation 2

1:30 PM – 2:30 PM

March of Dimes Canada's Conductive Education® Program

This program is an educational rehabilitation program designed to work with children and adults with neurological motor disorders and teach them to build on their current skills. Participants in this program work in condition specific groups towards their personalized aims and goals. They are taught techniques and strategies to overcome the daily challenges their condition presents.

Caregiver Session*

1:30 PM – 2:30 PM

Advance Care Planning for Caregivers: Getting Started | Caregivers Nova Scotia

Who will speak for you or your loved one if you cannot speak for yourself? This workshop will help participants to start thinking about their future healthcare wishes and to start this important conversation with family, friends, healthcare providers, etc. Participants will also be given the tools and information to start creating an advance care plan for themselves.

Presentation 4

2:45 PM – 3:45 PM

Live hands-on demonstration | Neil Squire Society

With a wide array of AT equipment on hand, workshop participants will be given a live demonstration of various AT tools. Introducing the right assistive technology can be an integral part in achieving goals and attaining greater independence. This session aims to provide knowledge and awareness of what opportunities can be created with accurate AT assessments, referrals and resources while also building awareness of how assistive technology (AT) can boost skills in the workplace, at home and in everyday life and lead to greater success and independence for all.

We will also present on our latest project, Makers Making Change which is an initiative that looks to connect makers with persons with disabilities who are looking for new or customized solutions. We will look at some of our current open source AT solutions and how they are made and 3D printed.

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MORE INFORMATION

If you require accommodations, the Atlantic Hotel is offering guests a rate of \$129 per night (includes parking).

You can make your reservations with the hotel directly, call 902-423-1161 or toll-free at 1-888-810-7288.

You can also email reservations@atlanticalifax.com. Please identify that you are with the Opening Doors for Accessibility conference. In order to receive this rate rooms need to be booked by September 28, 2018.