

Nova Scotia Post-Secondary Substance Use Summit

March 29th, 2018

Resource List

Substance Use Related Policies

[Substance Use Policy on Campus: A Framework for Thought and Action](#)

Alcohol

[Center for Addiction and Mental Health – About Alcohol](#)

[Nova Scotia Department of Health and Wellness: Drinking Guidelines and Related Resources](#)

[Balancing our Thinking around Drinking: Low-Risk Alcohol Use on Campus Guide](#)

[Best Practices for Reducing Alcohol Harms among University Students Report](#)

[Post-Secondary Education Partnership – Alcohol Harms PEP-AH Framework and Resources](#)

[Rethink Your Drinking Website](#)

[Éduc'alcool](#)

Cannabis

[Centre for Addiction and Mental Health – About Cannabis](#)

[Canadian Drug Summary: Cannabis](#)

[Government of Canada: Your Cannabis Questions, Answered Website](#)

[Canada's Lower-Risk Cannabis Use Guidelines](#)

[Clearing the Air: Lower-Risk Cannabis Use on Campus Guide](#)

[Guide to Facilitate Discussions about Youth Cannabis Use in Your Community](#)

Opioids

[Centre for Addiction and Mental Health: About Prescription Opioids](#)

[Nova Scotia Take Home Naloxone Program](#)

Across Substances

[Helping People who Use Substances: A Health Promotion Perspective](#)

[Changing the Culture of Substance Use Project](#)

[Canadian Institute for Substance Use Research - Publications and Resources](#)

Resources for Facilitating Dialogue on Campus about Substance Use

[Dinner and Dialogue Guide: Engaging Community in Conversations about Drinking Culture](#)

[Do2GetThru - Forum Theatre and Community Dialogue Guide](#)

Sexual Violence

[The Role of Alcohol Policy in Sexual Violence Prevention](#)

[Changing the Culture of Acceptance](#)

[Sexual Violence: A Public Health Primer](#)

[Alcohol and Sex: Educ'alcool](#)

Residence

[A Guide for Promoting Healthier Residence Environments](#)

[Drink with Class Initiative: An Overview of Culture Change in Residence at Thompson Rivers University](#)

Learning Environments

[Creating Conditions for Well-being in the Learning Environment – Model and Resources](#)

[Embedding Conditions for Well-being in Academic Settings – Case Studies and Rationale](#)

Related Frameworks

[Post-Secondary Student Mental Health: Guide to a Systemic Approach](#)

Additional Planning Resources and Engagement Tools

[Okanagan Charter an International Charter for Health Promoting Universities & Colleges](#)

[Healthy Campus 2020 Action Model and MAP-IT Framework](#)

[Healthy Universities UK Model and Action Framework + Toolkit and Resources](#)

[Policy Approaches to Post-Secondary Student Mental Health: A Scan of Current Practices](#)

[Wellbeing through Policy – Action Guide and Worksheet](#)

[Designing Healthy Campus Communities – Video](#)