

# If you are attending University in Halifax, find support by calling:

**Dalhousie** 

**Counselling Services** 902-494-2171 **Health Services** 902-494-2171 Security 902-494-4109 www.dal.ca/healthservices

# **King's College**

**Dal Counselling** Dal Health Dean of Students Office **Residence Don on-duty** 

902-494-2081 902-494-2171 902-422-1271, ext. 131 902-422-1271, ext. 132 (ask for Don on duty)

(24/7)

www.ukings.ca/campus-community/student-services/ health-services

## Look for Mental Health Peer Support on all campuses

**\*\*Contact Mental Health Mobile Crisis Team at** 902-429-8167 for urgent intervention

> Please see over... October 2017



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# Mount Saint Vincent University

**Counselling Services** 902-457-6567 **Health Services** 902-457-6354 Security 902-457-6412 (24/7) www.msvu.ca/counsellingservices/ or www.msvu.ca/healthservices

## **NSCAD University**

**Counselling Services SMU Health Services** nscad.ca/wellness

902-494-8260 902-420-5611

#### Saint Mary's University

**Counselling Centre** 902-420-5615 Student Health 902-420-5611 **Residence Services** 902-420-5591 (24/7) www.smu.ca/mentalhealth

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