

# PICTOU COUNTY CAST COALITION

## COMMUNITY ACTION PLANNING SESSION

Please join us in developing an action plan to address the issues of mental health and suicide prevention in the community of Pictou County.

**Date:** November 23<sup>rd</sup>, 2016

**Time:** 4:00pm - 6:00pm

**Location:** New Glasgow Public Library  
182 Dalhousie Street, New Glasgow, NS

*All Welcome!*

*To RSVP or for more information contact  
[sue@novascotia.cmha.ca](mailto:sue@novascotia.cmha.ca)*

*Hosted by the*

*Canadian Mental Health Association Nova Scotia Division's  
Communities Addressing Suicide Together [CAST] Program*



Canadian Mental  
Health Association  
Nova Scotia  
*Mental health for all*

